
Stepping Forward - A Leadership Development Programme for Women

Designed for high performing women in leadership
roles or aspiring to leadership roles.

Date: May 17th and 18th 2018

Sessions run from 9am to 5pm.

Venue: Kings College, The Strand, London W1 1RD

So what does the Programme Deliver?

An integrated programme where international research and exceptional coaching
combine to give you academic rigour, personalised support and challenge.

The plenary sessions will give you the opportunity to work with a range of women from different organisations, expanding your network, providing information and setting the context for the group coaching work.

The group coaching sessions use the situations you are facing in your working life rather than artificial case studies. This means that the work you will do is practical and has immediate value for both you and your organisation.

The coaching groups consist of four or five women and a highly experienced group coach. The groups are carefully put together to mix the cohort in the most helpful way for you. These groups are designed to help you explore the key opportunities and issues that you are facing at work with the support and challenge of the coach and learning from the perspective of the other women.

This means that the groups are able to provide you with external expertise, knowledge and experience focussed on your opportunities and challenges. You will be given bespoke tools and techniques and helped to formulate a practical action plan.

Our experience over the decade we have been working in this way is that these coaching groups form close bonds and participants work to support and challenge each other outside the formal programme sessions and after the programme has finished.

Our work is truly international. We design and run programmes for women from all parts of the world.

[See reverse for more Programme details...](#)



Who is running the Programme?

It is led by Alison Temperley, one of the leading experts in women's development programmes in the United Kingdom.

Alison will be supported by a team of experienced professional coaches with many years' experience of running award winning women's leadership programmes. They combine significant business experience with deep psychological expertise.

The coaches profiles can be seen at www.atdpartners.co.uk

How is the Programme delivered?

The programme is designed as a series of interlinking sessions to:

- Understand current research on what helps women flourish in organisations
- Examine your network and how you can use it most effectively
- Enhance your brand - what do people say about you when you are not in the room?
- Group coaching sessions to explore your opportunities and challenges in depth
- Networking to ensure that you expand your network beyond your current contacts

The all inclusive cost for the 'Stepping Forward' Programme is £1,850 plus VAT

[Click here to apply for a place on the Open Programme by completing the form](#)

Comments from past participants...

"The programme helped me reinvigorate my leadership journey and take positive actions to ensure I am the best candidate for my next role. I have actively requested feedback and am working on my action plan."

"The small group sessions were a particular highlight for me. They made the learning practical, leveraging shared experiences and learning from our differences."

"The programme has really helped me think about my career in a more conscious and strategic way."

"The programme is practical and has been hugely relevant for my current role and the one I want to have."

"I appreciated the networking and discussing similar challenges. I was surprised at how much we had in common despite our varied backgrounds."

"The coaching gave me the time and resources to evaluate where I am, where I want to go and what I need to do about it. It also made me think about who I will need to support me."

"I came away with a massive sense of relief that:
(a) I wasn't alone and that many others had the same aspirations and challenges and (b) that there are things I can do that will make a large amount of difference to my career without a huge amount of effort."

